



A hot August brings tons of fun!

## Memorable Moments!

*This month at PBMC we gathered tons of exciting memories. We made sure to create various activities that would complement this hot month. Community program and Site Base program both enjoyed a variety of outings from Dry Town Water Park to Apollo Park. Each program had a great time this August because they indulged in a variety of fun events and memorable moments.*

Within this "Hot & Sunny" month our community took a trip to Dry Town Water Park where they were able to take part in some exciting activities. They hit the slides and enjoyed the ride! Splish splashing around as they went from ride to ride exploring the parks best attractions. The community also enjoyed a day where food was main topic. Sakura Buffet is where they spent the day choosing from a variety of savory dishes. Yummy! Volunteer work is always incorporated into the daily activities, window washing and adopting a highway are just a couple on this month's productive itinerary. Our community program was excited about their monthly outings and all of the great foods that came along with it. But more than that, the quality memories they gained this month is all that counts.

Our site base program enjoyed a day out by heading to Apollo Park to feed ducks! While there, they also had a picnic where they enjoyed their delicious meals and enjoyed the beautiful scenery and interacted with the ducks. Over this gorgeous sunny month site base participated in tons of water play to aid in keeping cool. They spent a day at Lake L.A Water Park enjoying the parks amenities and they also spent a day at Manzanita Park playing a variety of games. What an awesome summer!



## Volunteer-to-Work

*We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encouraged to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life.*

We realize more and more that intellectually disabled consumers are hopeful to enter or re-enter into the workforce. That is the goal we have set for our community program that shows great effort and improvement daily.

PBMC greatly appreciates the volunteer work they do out in the community. We work hard to encourage them to keep it up!

See page 4 for more images.

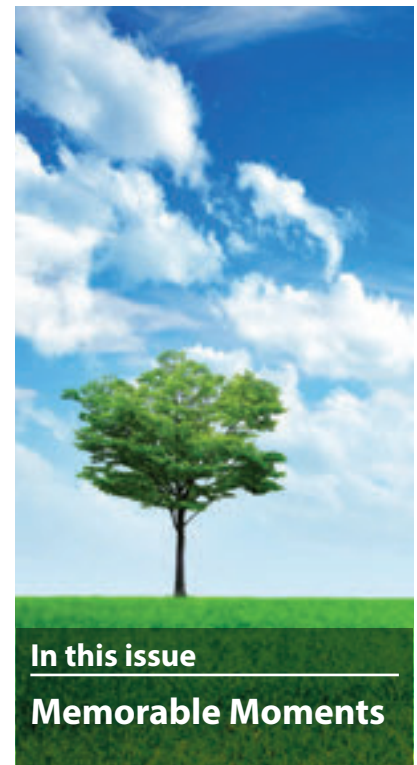


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Congratulations to Lamont Mullens, PBMC recognizes you as scholar of the month. Lamont has been attending PBMC since July 2015. He is very polite and helpful and he is currently on the working crew and is in charge of taking the trash out.

Lamont is also very creative in art and he is skilled in drawing characters that are his favorites. Some of his favorite characters to draw are Sonic the hedgehog and Tails. Lamont is currently learning patience and self-advocacy and with this he has shown tremendous growth and improvement over the last few months. Great Job! We are very happy to have you with us!



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**PBMC**

POSITIVE BELIEF MOTIVATES CONFIDENCE  
43437 GADSDEN AVENUE  
LANCASTER, CA 93534  
661-951-7200

Office Hours: 8:00 am - 3:30 pm  
Program/Transportation: 8:00 am - 4:00 pm  
We Provide Curb-to-Curb Transportation  
On Site Walking Track  
Proudly Serving The Developmentally Disabled  
Site/Community Service

**Who we are**

**PROGRAM PHILOSOPHY**

The overall philosophy of PBMC for its service is to increase our individual's capacity for greater independence, enhance self-responsibility, improved communication skills and improved overall health. Personal growth in all these important areas will result in the individual being productive members of society to the best of their abilities.

**COMMUNITY VOLUNTEER:**

We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encourage to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life. Our individuals are trained in communication, organizational skills, money management, decision making, socialization, mild behavior management, and job preparation. Our volunteers are taught to be team players and are encourage to become independent and part of society. Through positive belief our individuals will increase confidence to succeed.





*Our site base program enjoyed a day out by heading to Apollo Park to feed ducks and enjoyed a picnic lunch.*

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enjoyed a variety of outings from Dry Town Water Park to Apollo Park. Each program had a great time this August because they indulged in a variety of fun events and memorable moments.

# COMMUNITY OUTINGS FOR AUGUST

Valencia Mall • Dry Town Water Park • Stephen Sorenson Water Park  
Manzanita Park • Sakura Buffet • Apollo Park

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*Our community took a trip to Dry Town Water Park where they were able to take part in some exciting activities including the slides !*





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## National S'mores Day

### Ingredients

- 1 large marshmallow
- 1 graham cracker
- 1 (1.5 ounce) bar chocolate candy bar

### Directions

Heat the marshmallow over an open flame until it begins to brown and melt.

Break the graham cracker in half. Sandwich the chocolate between the cracker and the hot marshmallow. Allow the marshmallow to cool a moment before eating.

