

## Volunteer-to-Work

## MAKE IT A SEPTEMBER TO REMEMBER!

*This month at PBMC we gathered tons of exciting memories. We decided to stay local this month to partake in a variety of local activities. Community program and Site Base program both enjoyed a variety of outings from a fun game of kickball to various locations to eat. Each program had a great time this September because they indulged in a variety of fun memorable moments, all while staying within our lovely city limits!*

September allowed for us to have a fun, but relaxed time in our local environment. Community enjoyed outings to Sizzlers as well as Shakey's where they spent the day choosing from a variety of savory dishes. Yummy! There were also trips to Walmart and the local mall, while there Community was able to spend the money they received from volunteering. Volunteer work is always incorporated into the daily activities; window washing and adopting a highway is just a couple on this month's productive itinerary. Our community program was excited about their monthly outings and all of the great foods that came along with it. But more than that, the unforgettable memories gained this month is all that count.

Our site base program took a trip to Marie Kerr Park to participate in a game of kickball! Site base also decided to end the summer participating in a couple of days of water play. They spent a day at Pearblossom Water Park enjoying the parks amenities and they also spent a day at Lake L.A. Water Park playing a variety of games and enjoying the lovely weather. What an awesome way to end the summer!

*We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encouraged to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life.*

We realize more and more that intellectually disabled consumers are hopeful to enter or re-enter into the workforce. That is the goal we have set for our community program that shows great effort and improvement daily.

PBMC greatly appreciates the volunteer work they do out in the community. We work hard to encourage them to keep it up!

See page 4 for more images.



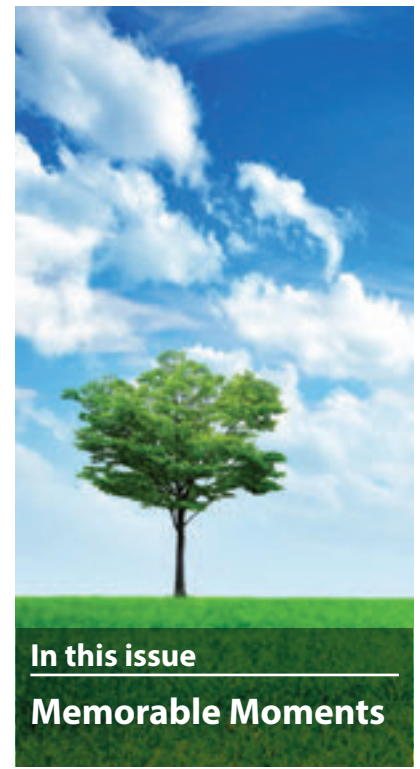
**Brandon Clark • Theresa Esquivel  
Lennell Myers • Ashley Johnson  
Clark Conley • Brian Trela**



**Volunteer of the Month  
Matthew Soto**

Congratulations to **Matthew Soto** for being September's volunteer of the Month. PBMC recognizes that Matthew has shown tremendous growth and improvement over the last few months. Matthew has demonstrated his helpful nature very well to PBMC by being very attentive to assigned activities and stepping up to help out, even if he wasn't asked.

Matthew is very pleasant and friendly. By engaging in most activities and assisting his peers Matthew has shown his leadership skills and strengths to PBMC. Terrific Job! We are very proud to have you with us!



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**PBMC**  
 POSITIVE BELIEF MOTIVATES CONFIDENCE  
 43437 GADSDEN AVENUE  
 LANCASTER, CA 93534  
 661-951-7200  
 Office Hours: 8:00 am - 3:30 pm  
 Program/Transportation: 8:00 am - 4:00 pm  
 We Provide Curb-to-Curb Transportation  
 On Site Walking Track  
 Proudly Serving The Developmentally Disabled  
 Site/Community Service

**Who we are**

**PROGRAM PHILOSOPHY**  
 The overall philosophy of PBMC for its service is to increase our individual's capacity for greater independence, enhance self-responsibility, improved communication skills and improved overall health. Personal growth in all these important areas will result in the individual being productive members of society to the best of their abilities.

**COMMUNITY VOLUNTEER:**  
 We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encourage to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life. Our individuals are trained in communication, organizational skills, money management, decision making, socialization, mild behavior management, and job preparation. Our volunteers are taught to be team players and are encourage to become independent and part of society. Through positive belief our individuals will increase confidence to succeed.





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## COMMUNITY OUTINGS FOR SEPTEMBER

Antelope Valley Mall • Apollo Park • Shakey's • Movies • Target • Wal-Mart  
Brunswick Bowling • Marie Kerr Park • Pearblossom Park

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HAPPY  
LABOR  
DAY

*It is only through labor and painful effort,  
by grim energy and resolute courage that  
we move on to better things.  
-- Theodore Roosevelt*