

## Volunteer-to-Work

## October shower me with gorgeous leaves!

*"What a Boooo-rific Month!" This month at PBMC we came together to partake in tons of fun and exciting activities. With Halloween's arrival, we had an unforgettable celebration that brought lots of laughs and enjoyment for our Community and Site Base programs. The consumers spent the day carving pumpkins, decorating cookies, playing musical chairs, face painting and more! After all the fun they sat down to eat pizza and salad with their peers. This fun filled day was a complete success!*

Community program not only enjoyed the Halloween party, but they also went on numerous outings during the month. Some of these outings included the movies and Shakey's Pizza where they spent the day choosing from a variety of savory dishes. Yummy! There was also a trip to Walmart and the local mall, while there Community was able to spend the money they received from volunteering to do some comparison shopping. Volunteer work is always incorporated into the daily activities; window washing and adopting a highway is just a couple of things on this month's productive itinerary. Our community program was excited about the Halloween party, the monthly outings and all of the great foods that came along with it. But more than that, the unforgettable memories gained this month is all that count.

Our site base program took a trip to Pearblossom Water Park to participate in their very last day of water play for the year. Site base ended the month splishing and splashing in the last warm days of the year. They also spent a day at Manzanita Park enjoying the parks amenities and playing a few rounds of bean bag toss! This was a great way of enjoying the lovely weather, and the Halloween celebration was an excellent way to end this delightful month.

*We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encouraged to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life.*

We realize more and more that intellectually disabled consumers are hopeful to enter or re-enter into the workforce. That is the goal we have set for our community program that shows great effort and improvement daily.

PBMC greatly appreciates the volunteer work they do out in the community. We work hard to encourage them to keep it up!

See page 4 for more images.



**James Krull • Matthew Soto • Shawn Garner  
Heather Ryan • Patrick Walton • Leticia Hernandez  
Jeremy Broughman**



**Volunteer of the Month  
*Christina McDonald***

Congratulations to **Christina McDonald** for being October's volunteer of the Month. Christina has been with PBMC for 7 years. During this time we at PBMC have witnessed her progress in numerous ways. One thing that stands out is Christina's ability to be even more social than before, as well as her new found interest in participating in various activities, such as community outings.

We have found that Christina likes to have her hair and nails. She is a pleasure to have at PBMC and we are very proud to have her with us. Terrific Job!



**In this issue**

**Memorable Moments**

- 1** VOLUNTEER TO WORK  
Monthly Overview
- 2** CELEBRATIONS  
Client Birthdays  
Volunteer of the Month
- 3** MONTHLY OUTINGS  
The places we go and the activities we do.
- 4** VOLUNTEER TO WORK

**PBMC**

POSITIVE BELIEF MOTIVATES CONFIDENCE  
43437 GADSDEN AVENUE  
LANCASTER, CA 93534  
661-951-7200  
Office Hours: 8:00 am - 3:30 pm  
Program/Transportation: 8:00 am - 4:00 pm  
We Provide Curb-to-Curb Transportation  
On Site Walking Track  
Proudly Serving The Developmentally Disabled  
Site/Community Service

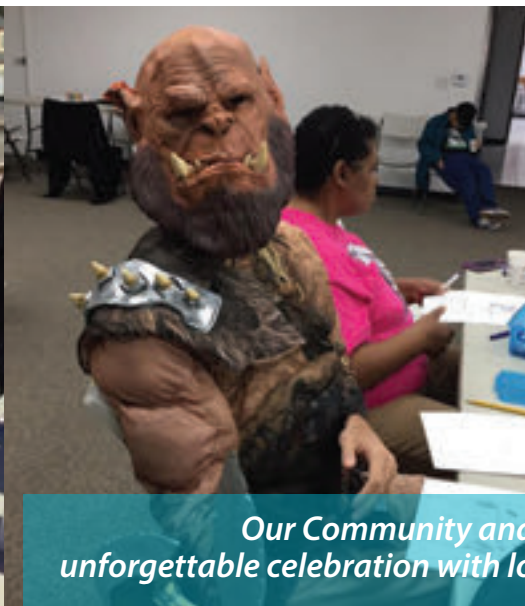
**Who we are**

**PROGRAM PHILOSOPHY**

The overall philosophy of PBMC for its service is to increase our individual's capacity for greater independence, enhance self-responsibility, improved communication skills and improved overall health. Personal growth in all these important areas will result in the individual being productive members of society to the best of their abilities.

**COMMUNITY VOLUNTEER:**

We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encourage to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life. Our individuals are trained in communication, organizational skills, money management, decision making, socialization, mild behavior management, and job preparation. Our volunteers are taught to be team players and are encourage to become independent and part of society. Through positive belief our individuals will increase confidence to succeed.



*Our Community and Site Base programs had an unforgettable celebration with lots of laughs and enjoyment*



With Halloween's arrival, we had an unforgettable celebration that brought lots of laughs and enjoyment for our Community and Site Base programs. The consumers spent the day carving pumpkins, decorating cookies, playing musical chairs, face painting and more! After all the fun they sat down to eat pizza and salad with their peers. This fun filled day was a complete success!

# COMMUNITY OUTINGS FOR OCTOBER

Halloween Party • Manazanita Park • Shakey's • Movies • Wal-mart  
U.S. Air Force Park • Pearblossom Water Park

Volunteer work is always incorporated into the daily activities; window washing and adopting a highway is just a couple of things on this month's productive itinerary.



*Volunteer work is incorporated into daily activities which include window washing and adopting a highway*



## Volunteer-to-Work

*We believe in motivating our individuals to want and achieve more independence through our volunteer program. Individuals are encouraged to volunteer out in the community, understand responsibilities of work ethics and have a meaningful life.*



October is  
**BREAST CANCER**  
Awareness Month

**1 in 8**

Women will be diagnosed with  
Breast Cancer in their lifetime

